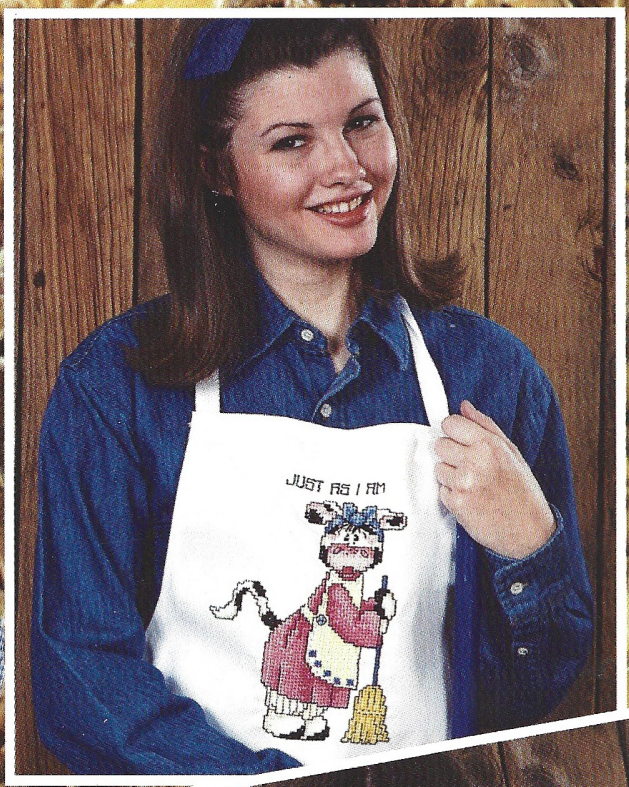
good-natured girls

JUST AS I AM



16 Designs From Best-Loved Hymns

stitching stuff

Dear Stitching Friend,

Rose Calton's cute cow characters are back by popular demand! A sequel to *Holy Cow!* (#24501), this collection has her whimsical Holsteins illustrating lines from beloved hymns. You'll be "udderly" delighted to stitch these 16 designs on T-shirts, sweatshirts, tote bags, aprons, and more!

For creative inspiration, Rose has only to look in her backyard. She and her husband, Delano, have a herd of dairy cows on their farm in the Ozark Mountains. Rose says the extra money she earns designing helps her "girls" continue to live the life to which they've become accustomed!

Your friends,

"The Good-Natured Girls"

MATERIAL THINGS

ABOUT FLOSS. We use DMC floss to stitch our models, but we list Anchor floss colors as an option. To make gathering your floss colors easier, all colors used in the design are listed in numerical order in the Cross Stitch section of the color key. The floss colors without symbols are used for stitches other than cross stitch.

The number of strands of floss you will use depends on the mesh size of your waste canvas. **Project Notes** (located next to the color key) give the number of strands that we used for our model. If you use waste canvas with a different mesh size than our model, you may need to adjust the number of strands.

The following table shows the recommended number of strands to use for different mesh sizes. For special "looks," like heavier backstitch for lettering, you may need to vary the number of strands that you use.

MESH SIZE	NUMBER OF STRANDS				
	CROSS STITCH	HALF STITCH	BACK-STITCH	FRENCH KNOTS	LAZY DAISY
6.5	8	2	2	4	3
7.5	8	2	2	4	3
8.5	6	2	2	4	3
10	5	2	2	3	2
12	3	1	1	2	2

PROJECT POINTER

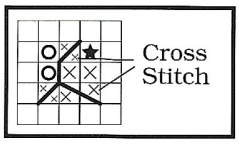
WASTE CANVAS. Cut a piece of waste canvas and nonfusible interfacing the dimensions given in the **Project Notes**. Cover the edges of the canvas with masking tape to keep them from scarring your project. Pin the canvas to your project. Place the interfacing on the wrong side of project under the canvas; baste all three layers together. Stitch your design using a sharp needle. Work cross stitches from the center of large holes to the center of large holes over the intersections of canvas threads. When stitching is complete, trim the canvas $^3/_4$" from design. Dampen the canvas to dissolve the sizing. Use tweezers to pull the threads out of the design. Trim the interfacing close to the design.

ALL ABOUT OUR CHARTS

All stitches are represented by symbols in the chart. Each symbol is listed in the color key. Look at the heading of the column to see what stitch that symbol represents. Follow the line across to see what floss color you should use for the stitch. Sound simple? It is! However, there are a few special situations to consider:

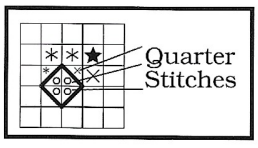
Backstitch Covering Cross Stitch

When a backstitch covers a cross stitch, we can't show a full-size symbol, so we show a reduced symbol on one or both sides of the backstitch.



Quarter Stitches

Quarter stitches are also shown as reduced symbols. The difference between these and reduced symbols for cross stitch is that you will either have two different symbols in the same square or one reduced symbol on the edge of the design.



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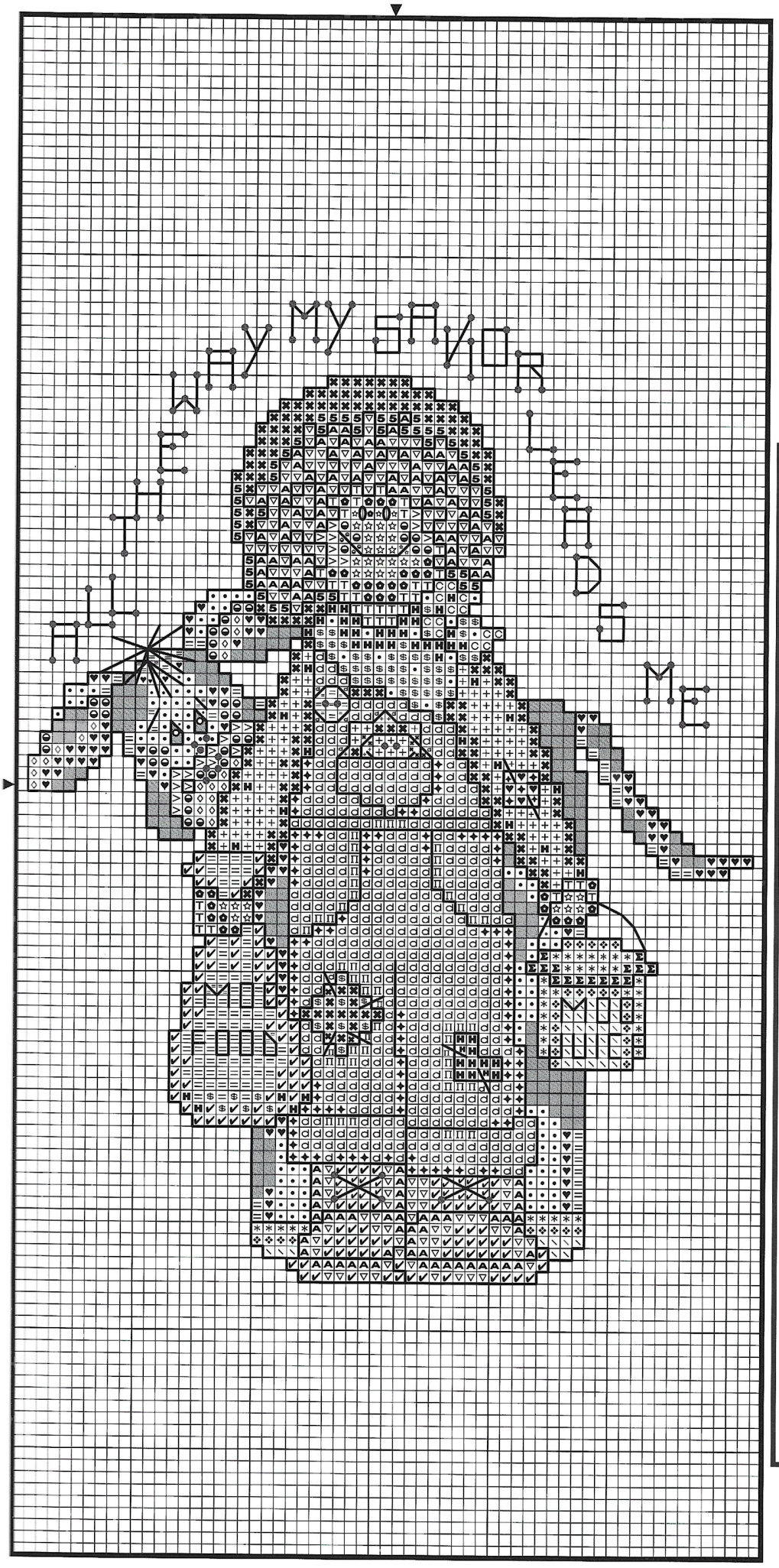


ALL THE WAY

STITCH COUNT:
61 wide x 83 high

PROJECT NOTES

Sweatshirt: *All the Way* was stitched over an 11 1/2" x 14" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch cow's hair and Lazy Daisy Stitches, and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
◊	225	1026	vy lt salmon
▒	310	403	black
✦	312	979	dk blue
Σ	317	400	vy dk grey
❖	318	399	grey
$	321	9046	red
◘	322	978	blue
*	414	235	dk grey
\	415	398	lt grey
A	434	310	dk brown
▽	435	1046	brown
✓	437	362	dk tan
H	498	1005	dk red
C	666	46	lt red
♥	712	926	lt tan
=	739	387	tan
⬠	754	1012	flesh
T	758	882	dk flesh
>	760	1022	salmon
◒	761	1021	lt salmon
☆	948	1011	lt flesh
Π	3755	140	lt blue
5	3820		dk gold
✖	3821		gold
+	3822		lt gold

BACKSTITCH

Symbol	Color
/	black (Use long stitches for cow's hair.)

FRENCH KNOT

Symbol	Color
o	white
●	black

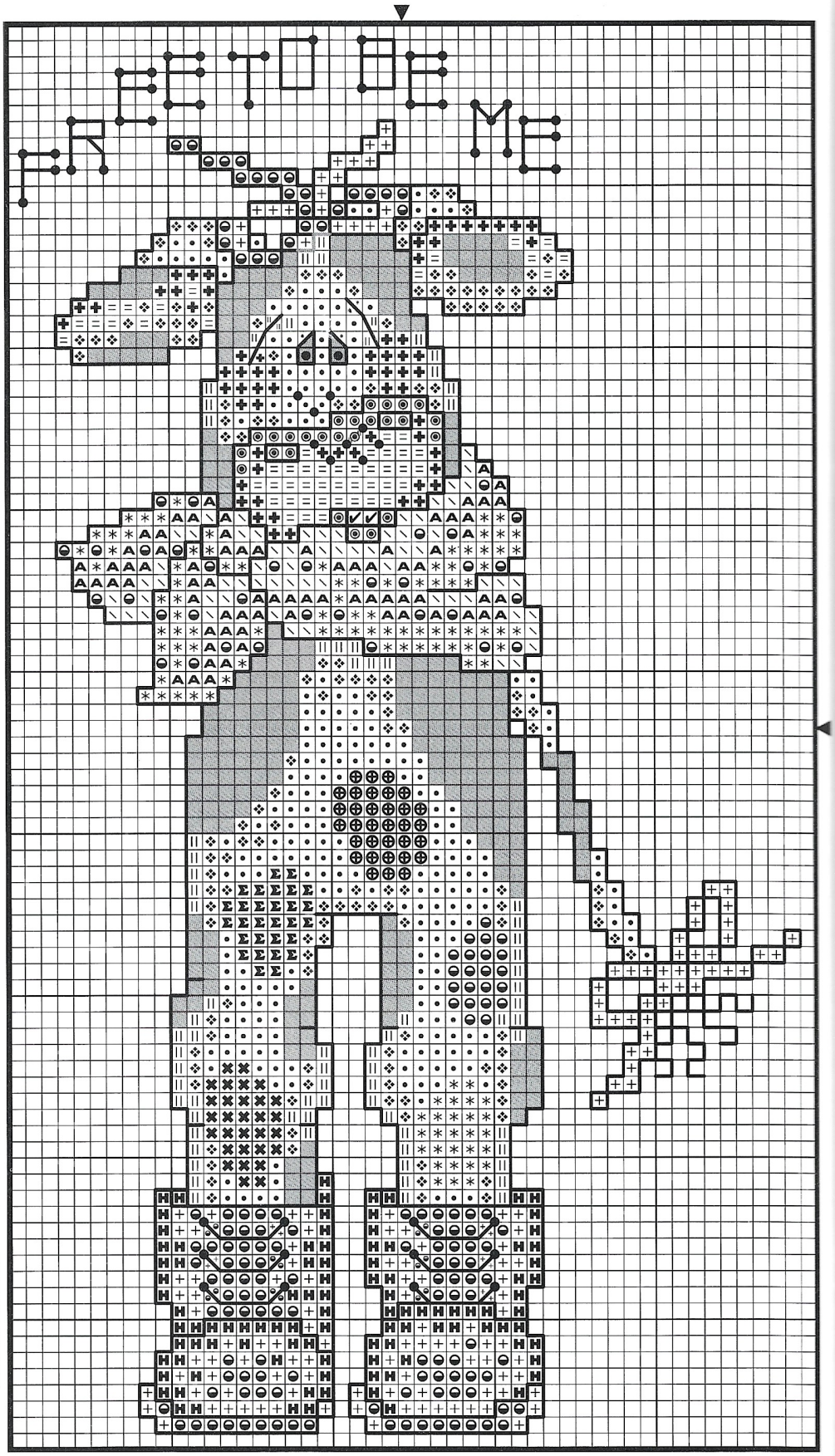
LAZY DAISY

Symbol	Color
◎	black

FREE TO BE ME

STITCH COUNT:
49 wide x 87 high

PROJECT NOTES
Vest: *Free to Be Me* was stitched over a 9" x 13" piece of 10 mesh waste canvas. We used 4 strands for Cross Stitch and Clipped Turkey Loop Stitch and 2 strands for all other stitches. See Waste Canvas on page 1.



CROSS STITCH

Symbol	DMC	Anc.	Color
	blanc	2	white
	208	110	dk lavender
	209	109	lavender
	210	108	lt lavender
	225	1026	vy lt salmon
	310	403	black
	322	978	blue
	601	57	dk rose
	602	63	rose
	603	62	lt rose
	712	926	cream
	739	387	tan
	744	301	yellow
	760	1022	salmon
	761	1021	lt salmon
	913	204	green
	3328	1024	dk salmon

BACKSTITCH

Symbol	Color
	yellow for wording
	black for remaining backstitch

CLIPPED TURKEY LOOP

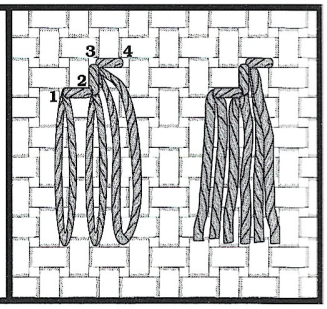
Symbol	Color
	black

FRENCH KNOT

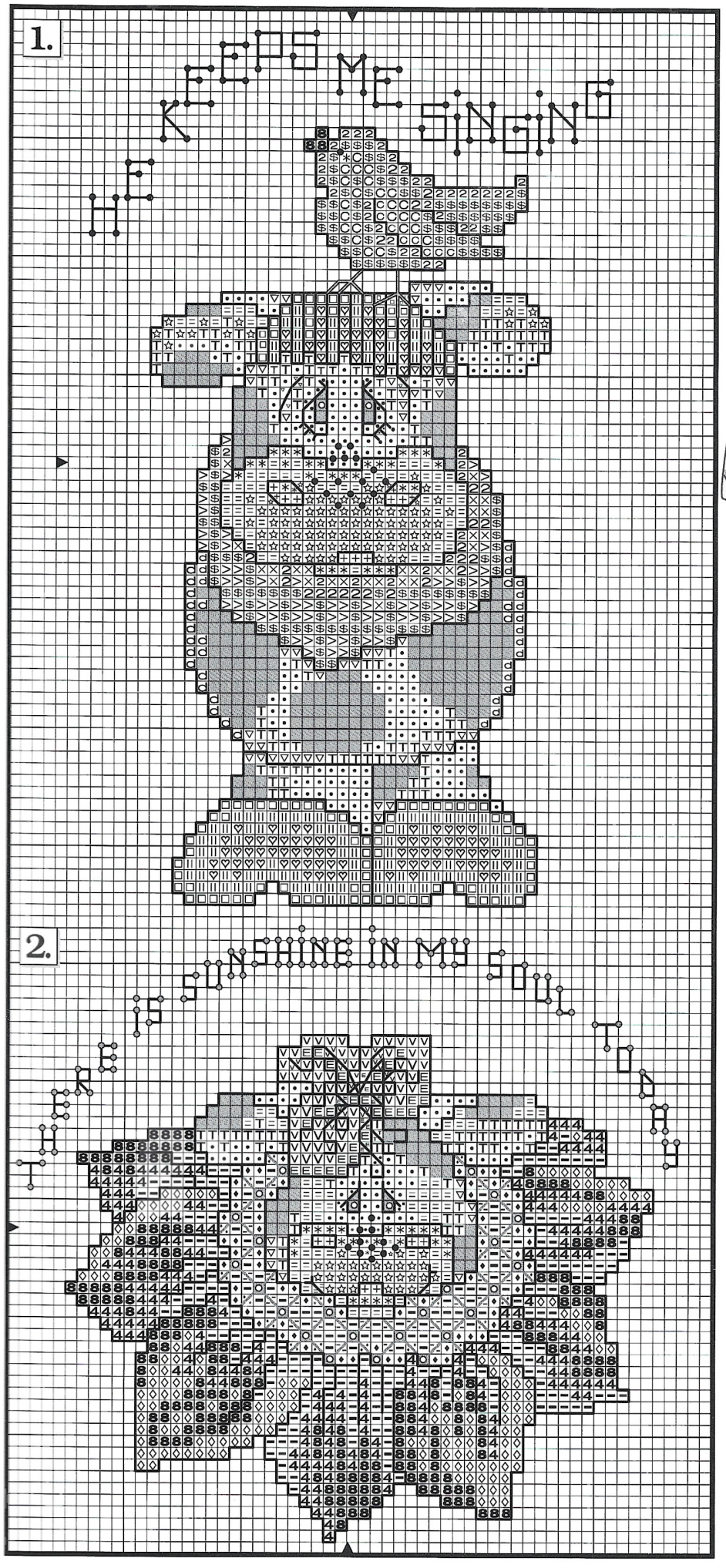
Symbol	Color
	white for eyes
	yellow for wording
	black for remaining French Knots

CLIPPED TURKEY LOOP STITCH

Work Clipped Turkey Loop Stitches for cow's hair after all Cross Stitches are completed. Bring floss up at 1 and make a loop the desired length. Take needle back down at 1, leaving the floss loop. Bring floss up at 2 and back down at 1, securing stitch. Bring floss up at 2, making a second loop. Take needle back down at 2, leaving the floss loop. Bring floss up at 3 and down at 2, securing stitch. Continue stitching to complete 3 loops. Clip ends of loops to make fringe.



HAPPY HYMNS



1. **STITCH COUNT:**
46 wide x 75 high

PROJECT NOTES

T-shirt: *He Keeps Me Singing* was stitched over a 9" x 11 1/2" piece of 10 mesh waste canvas. We used 4 strands for Cross Stitch and 2 strands for all other stitches. See Waste Canvas on page 1.

2. **STITCH COUNT:**
58 wide x 53 high

PROJECT NOTES

Dress: *There Is Sunshine* was stitched over a 10" x 9 1/2" piece of 10 mesh waste canvas. We used 5 strands for Cross Stitch and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
☆	225	1026	vy lt salmon
▒	310	403	black
‖	318	399	grey
⊠	321	9046	red
2	322	978	dk blue
$	334	977	blue
□	414	235	dk grey
▽	415	398	lt grey
	433	358	brown
>	666	46	lt red
T	712	926	cream
▽	739	387	tan
	743	302	dk yellow
◊	744	301	yellow
*	760	1022	salmon
=	761	1021	lt salmon
♦	782	308	topaz
E	911	205	green
V	913	204	lt green
+	3328	1024	dk salmon
C	3755	140	lt blue
d	3799	236	charcoal grey
-	3820		dk gold
4	3821		gold
8	3822		lt gold

BACKSTITCH

Symbol	Color
	brown
	dk yellow
	lt gold for wording in #2
	black for remaining backstitch

FRENCH KNOT

Symbol	Color
○	white
⊙	lt gold
●	black

HOW GREAT THOU ART

STITCH COUNT:
55 wide x 85 high

PROJECT NOTES

T-shirt: *How Great Thou Art* was stitched over a $10^1/_2$" x 14" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

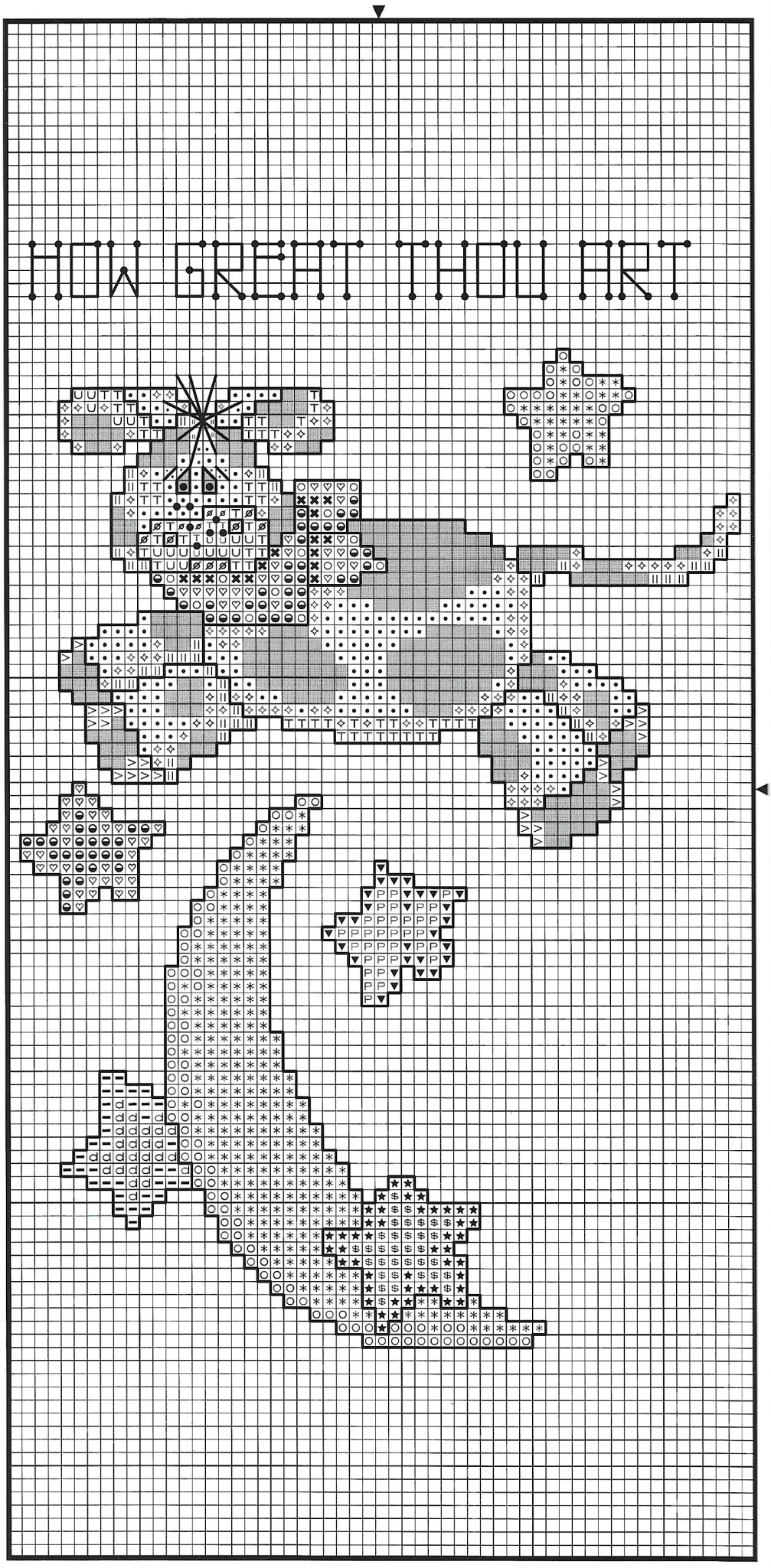
Symbol	DMC	Anc.	Color
•	blanc	2	white
▼	209	109	lavender
P	210	108	lt lavender
U	225	1026	lt salmon
■	310	403	black
♡	321	9046	red
★	322	978	blue
✖	498	1005	dk red
◒	666	46	lt red
✧	712	926	cream
○	725	305	dk yellow
‖	739	387	tan
*	744	301	yellow
⌀	760	1022	dk salmon
T	761	1021	salmon
-	911	205	green
d	913	204	lt green
$	3755	140	lt blue
>	3799	236	charcoal grey

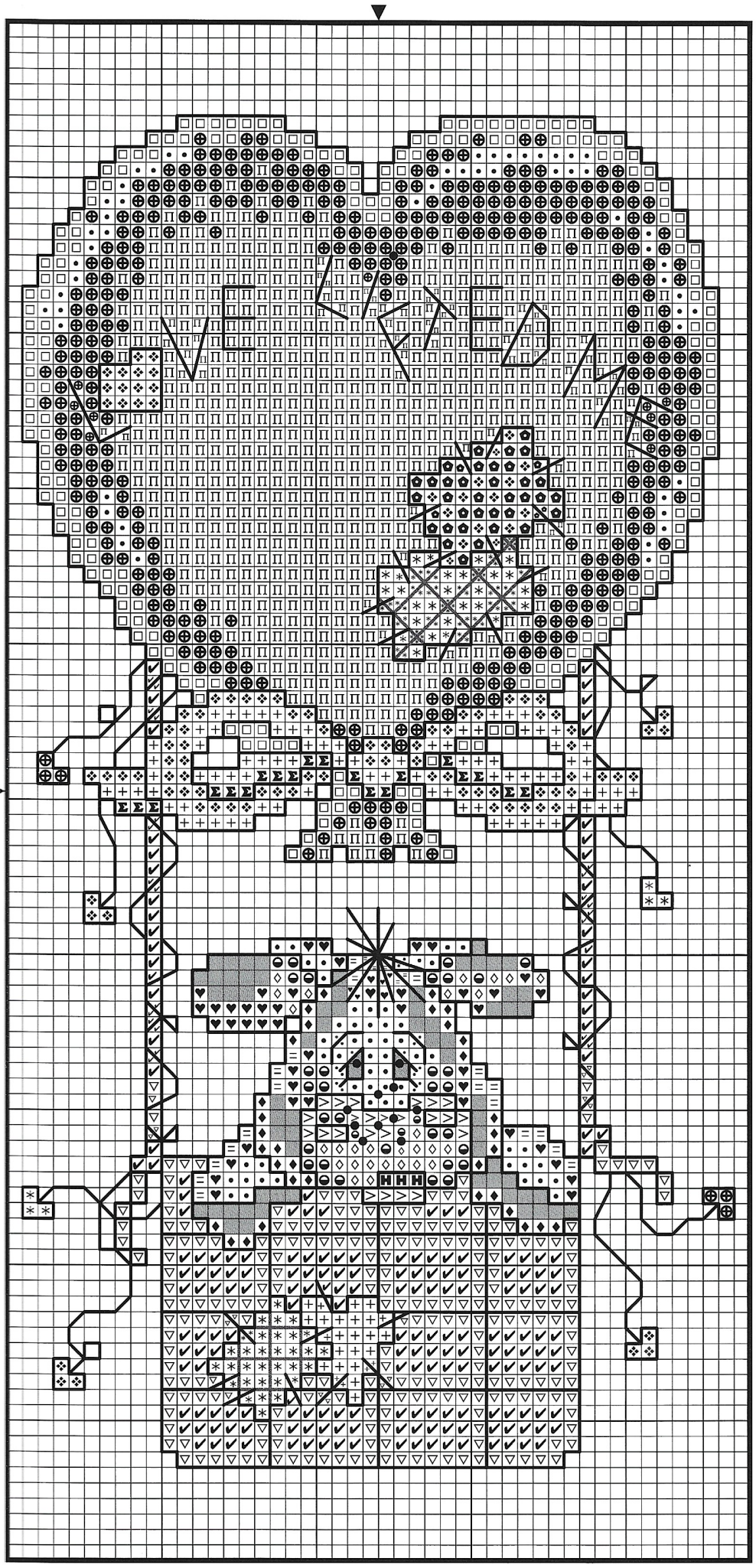
BACKSTITCH

Symbol	Color
/	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
•	white for eyes
•	black for remaining French Knots





LOVE LIFTED ME

STITCH COUNT:
46 wide x 87 high

PROJECT NOTES

Sweatshirt: *Love Lifted Me* was stitched over a $9\frac{1}{2}$" x $14\frac{1}{2}$" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair and lettering, and 2 strands for all other stitches.
See Waste Canvas on page 1.

CROSS STITCH

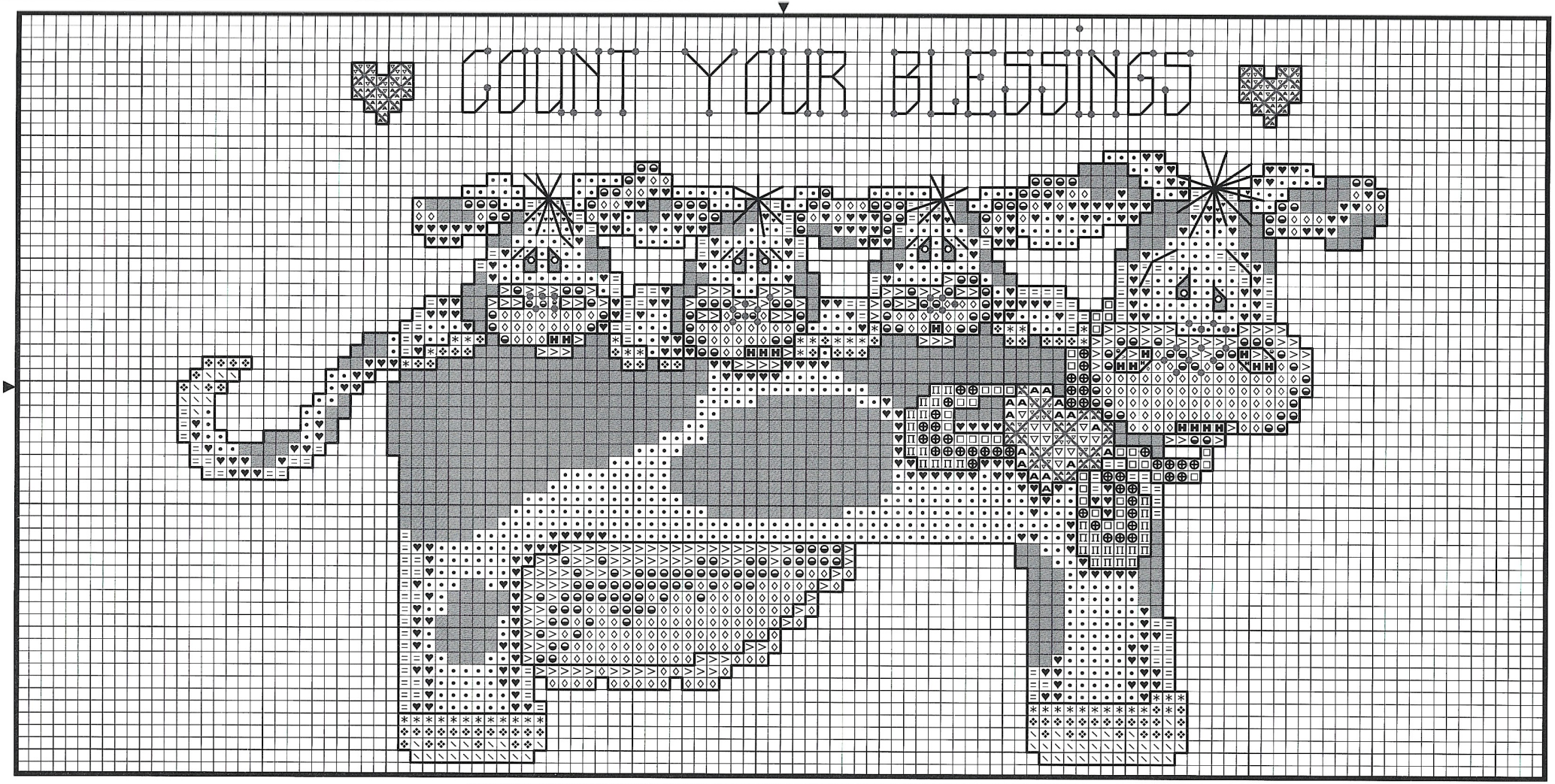
Symbol	DMC	Anc.	Color
•	blanc	2	white
*	209	109	lavender
◊	225	1026	vy lt salmon
▒	310	403	black
	312	979	vy dk blue
Σ	321	9046	red
□	334	977	dk blue
▽	435	1046	brown
✓	437	362	tan
+	666	46	lt red
♥	712	926	cream
=	739	387	lt tan
✿	744	301	yellow
>	760	1022	salmon
◒	761	1021	lt salmon
❖	891	35	melon
Π	3325	129	lt blue
H	3328	1024	dk salmon
⊕	3755	140	lt blue
♦	3799	236	charcoal grey

BACKSTITCH

Symbol	Color
/	vy dk blue
/	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
●	white for eyes
●	black for remaining French Knots



COUNT YOUR BLESSINGS

STITCH COUNT:
98 wide x 61 high

PROJECT NOTES

Tote Bag: *Count Your Blessings* was stitched over a 16" x 11 1/2" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

Symbol	DMC	Anc.	Color
⊡	blanc	2	white
◇	225	1026	vy lt salmon
▒	310	403	black
❖	318	399	grey
	321	9046	red
□	322	978	dk blue
⊕	334	977	blue
*	414	235	dk grey
◹	415	398	lt grey

CROSS STITCH

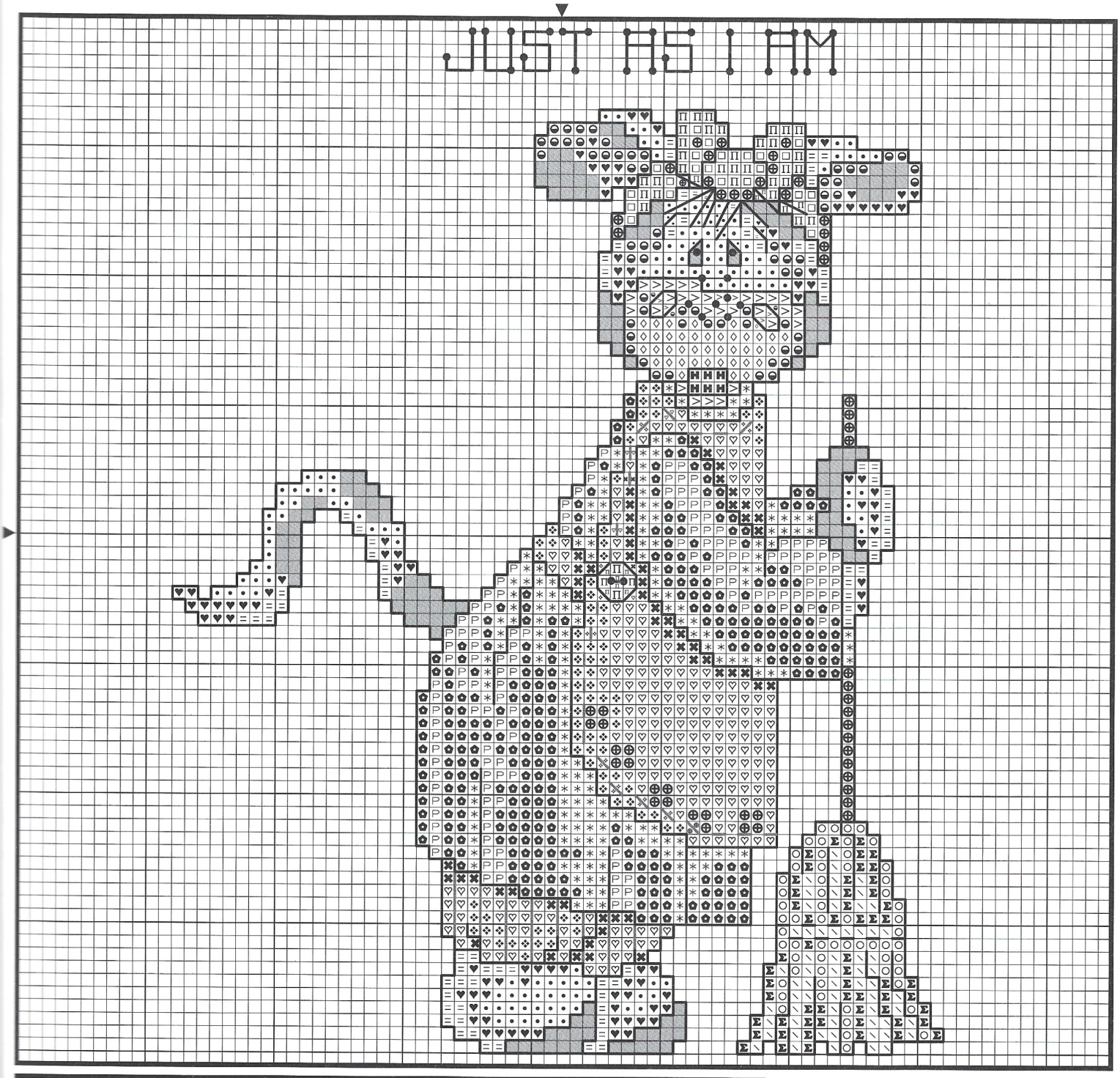
Symbol	DMC	Anc.	Color
♥	712	926	cream
=	739	387	tan
>	760	1022	salmon
⊖	761	1021	lt salmon
A	893	28	melon
▽	894	27	lt melon
H	3328	1024	dk salmon
Π	3755	140	lt blue

BACKSTITCH

Symbol	Color
⁄	red
⁄	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
⊙	white
●	black



CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
◊	225	1026	vy lt salmon
▒	310	403	black
⊕	322	978	dk blue
□	334	977	blue
♥	712	926	cream
=	739	387	tan
/	744	301	dk yellow
✖	745	300	yellow
✣	746	275	vy lt yellow
>	760	1022	salmon
◒	761	1021	lt salmon
H	3328	1024	dk salmon
P	3354	74	lt rose
*	3731	76	dk rose

CROSS STITCH

Symbol	DMC	Anc.	Color
✿	3733	75	rose
Π	3755	140	lt blue
O	3821		dk gold
Σ	3822		gold
▽	3823		lt yellow

BACKSTITCH

Symbol	Color
/	dk blue for bloomers
/	rose for apron
/	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
●	white for eyes
●	black for remaining French Knots

JUST AS I AM

STITCH COUNT:
60 wide x 80 high

PROJECT NOTES

Apron: *Just As I Am* was stitched over an $11\frac{1}{2}$" x $13\frac{1}{2}$" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

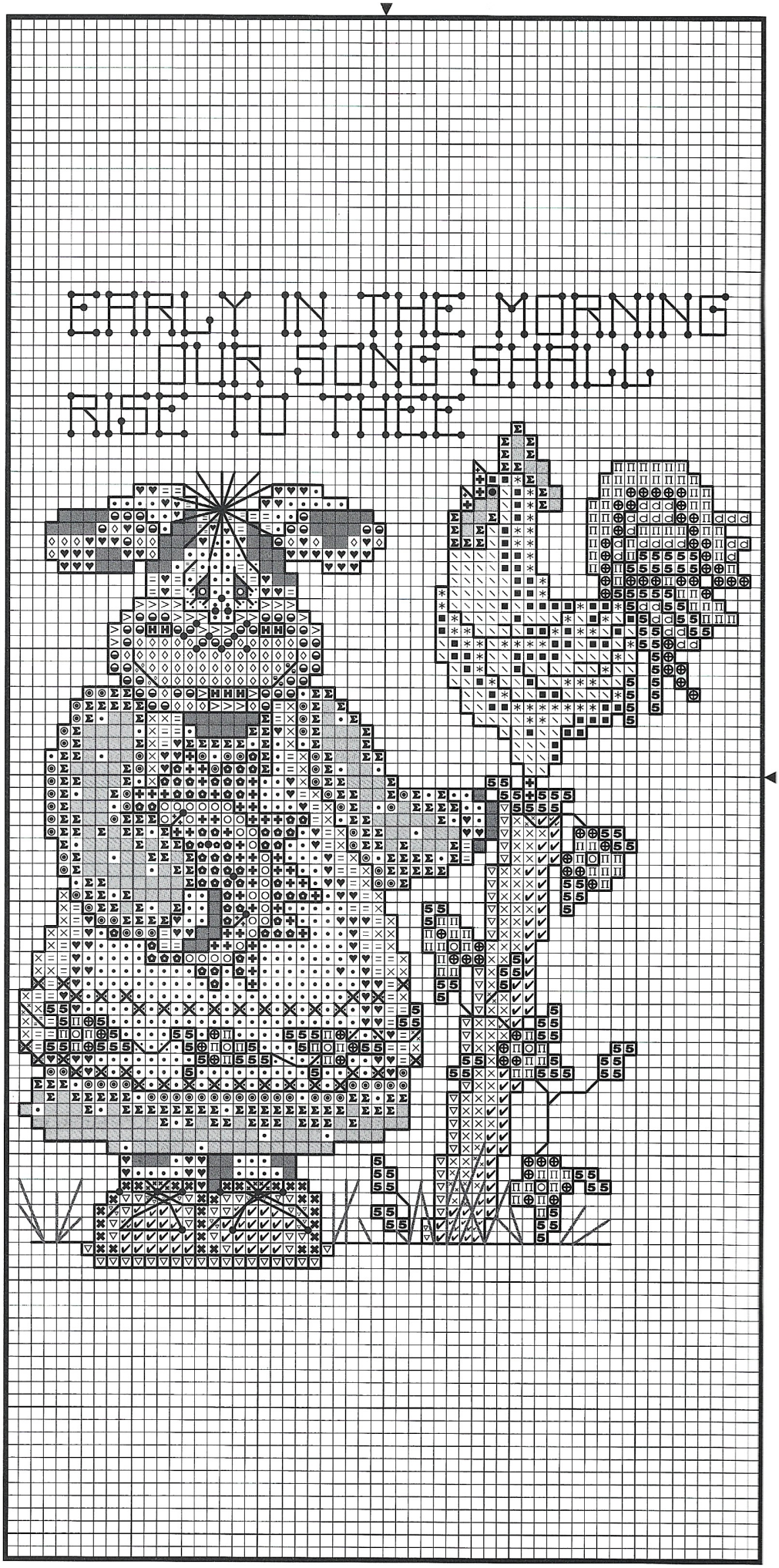
STAND UP FOR JESUS
COUNT YOUR BLESSINGS
SHALL WE GATHER AT THE RIVER
I AM HAPPY TODAY
IT'S SO WONDERFUL

THE WAY MY SAVIOR LEADS ME
THERE IS SUNSHINE IN MY SOUL TODAY
HE KEEPS ME SINGING
GIVE ME THE WINGS OF FAITH
MAKE ME A BLESSING
FREE TO BE ME

EARLY IN THE MORNING

STITCH COUNT:
58 wide x 78 high

PROJECT NOTES
Sleep Shirt: *Early in the Morning* was stitched over an 11" x 13 1/2" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.



CROSS STITCH

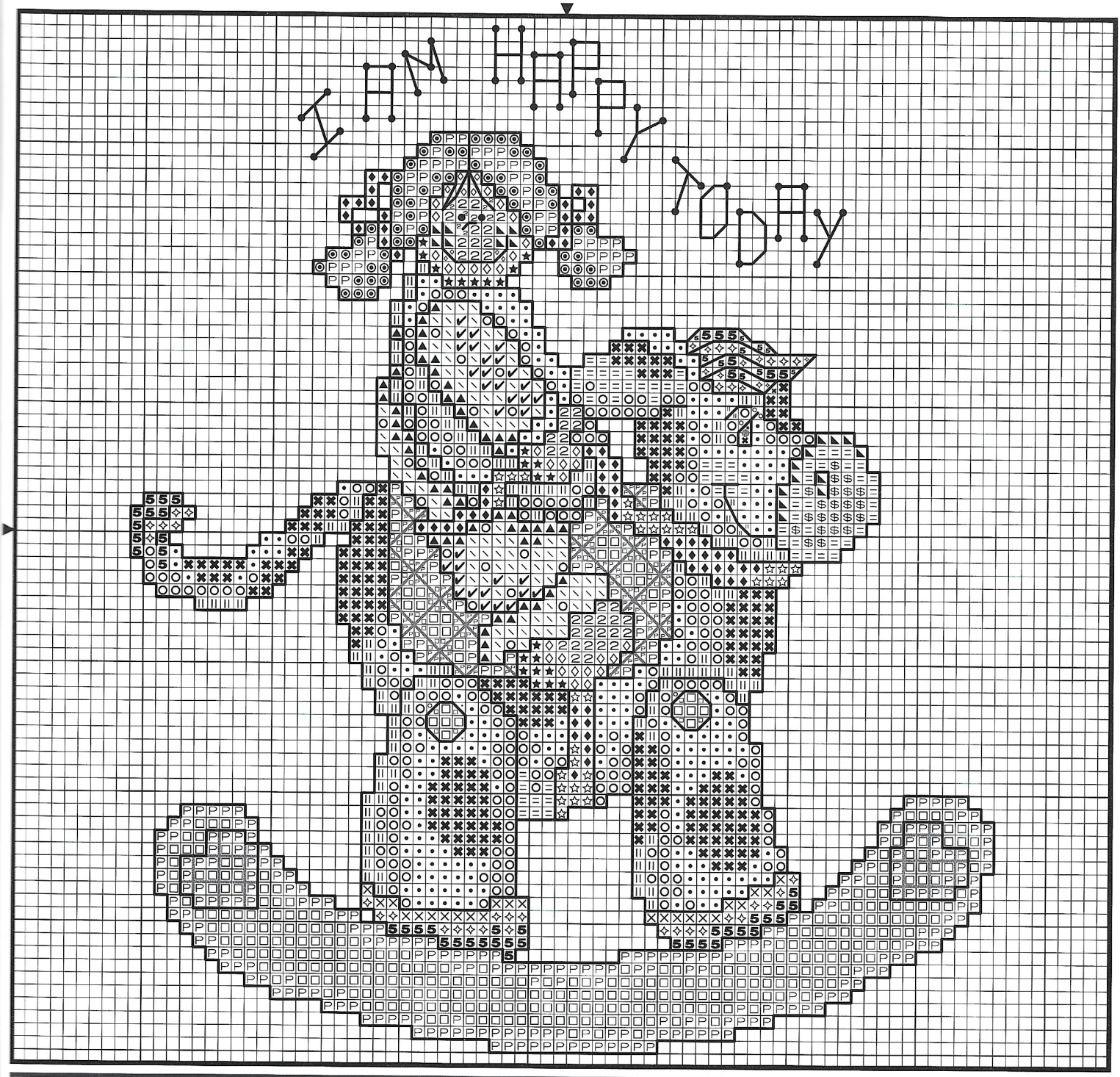
Symbol	DMC	Anc.	Color
⊡	blanc	2	white
◊	225	1026	vy lt salmon
■	310	403	black
Σ	321	9046	red
⊕	322	978	blue
✖	434	310	dk brown
▽	435	1046	brown
✔	437	362	dk tan
◉	498	1005	dk red
▒	666	46	lt red
♥	712	926	cream
☒	738	361	tan
=	739	387	lt tan
✿	744	301	yellow
>	760	1022	salmon
⊖	761	1021	lt salmon
5	911	205	green
▣	976	1001	rust
◺	977	1002	lt rust
H	3328	1024	dk salmon
d	3746	1030	purple
Π	3755	140	lt blue
○	3821		gold
✚	3822		lt gold
✳	3826		dk rust

BACKSTITCH

Symbol	Color
⟋	green (Use long stitches.)
⟋	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
○	white
●	black



CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
$	225	1026	vy lt salmon
X	310	403	black
▲	312	979	dk blue
✧	318	399	grey
☆	321	9046	red
◹	322	978	blue
☒	414	235	dk grey
5	415	398	lt grey
◉	434	310	dk brown
P	435	1046	brown
□	437	362	tan
♦	666	46	lt red
○	712	926	cream
=	739	387	lt tan

CROSS STITCH

Symbol	DMC	Anc.	Color
◇	754	1012	flesh
★	758	882	dk flesh
◣	760	1022	dk salmon
=	761	1021	salmon
2	948	1011	lt flesh
✔	3755	140	lt blue

BACKSTITCH

Symbol	Color
⁄	lt red
⁄	black

FRENCH KNOT

Symbol	Color
◉	white
●	black

I AM HAPPY TODAY

STITCH COUNT:
67 wide x 80 high

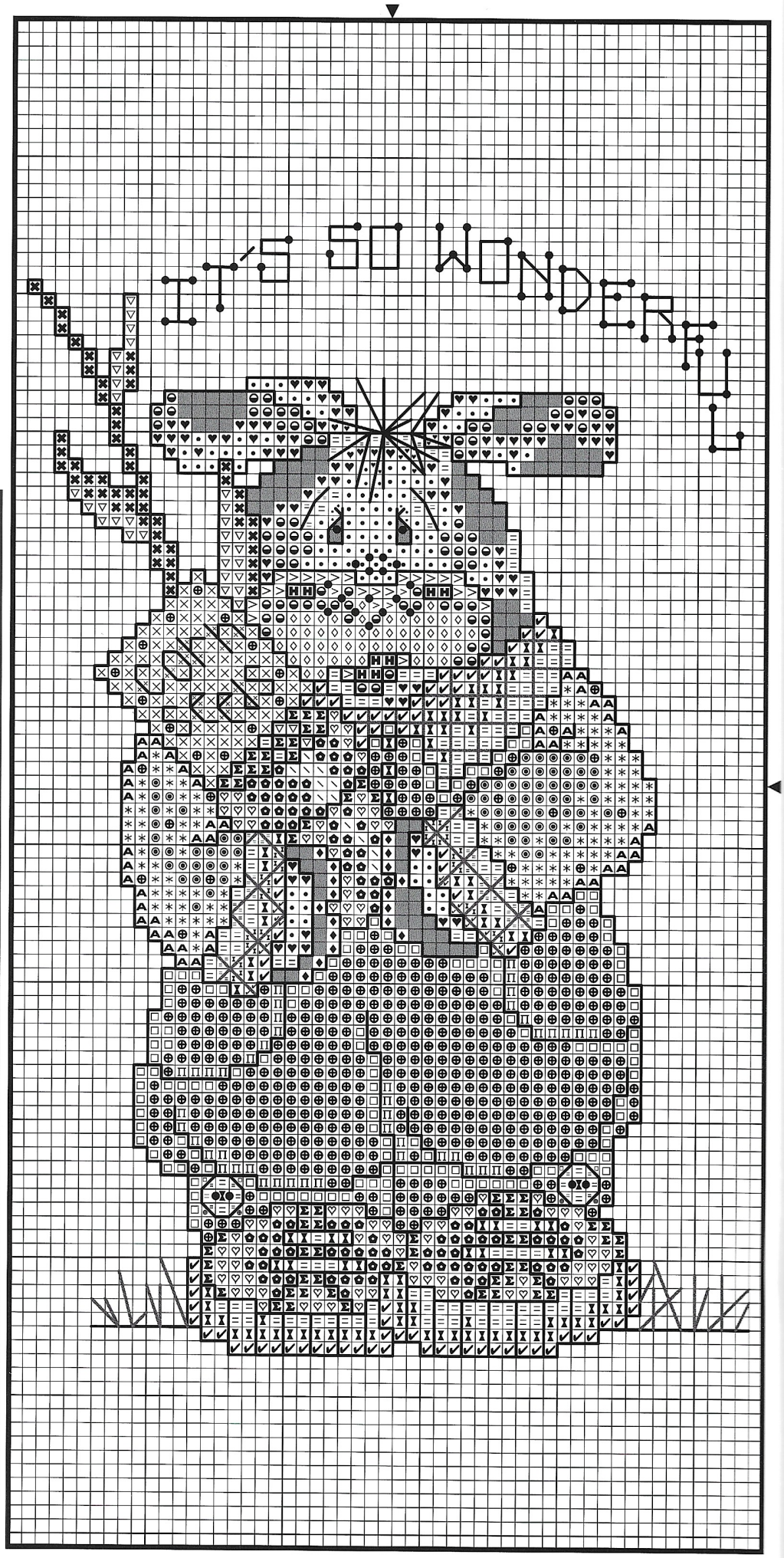
PROJECT NOTES

Sweatshirt: *I Am Happy Today* was stitched over a 12" x 13 1/2" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch and 2 strands for all other stitches. See Waste Canvas on page 1.

IT'S SO WONDERFUL

STITCH COUNT:
53 wide x 83 high

PROJECT NOTES
Apron: *It's So Wonderful* was stitched over a $10^1/_2$" x 14" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair and grass, and 2 strands for all other stitches. See Waste Canvas on page 1.



CROSS STITCH

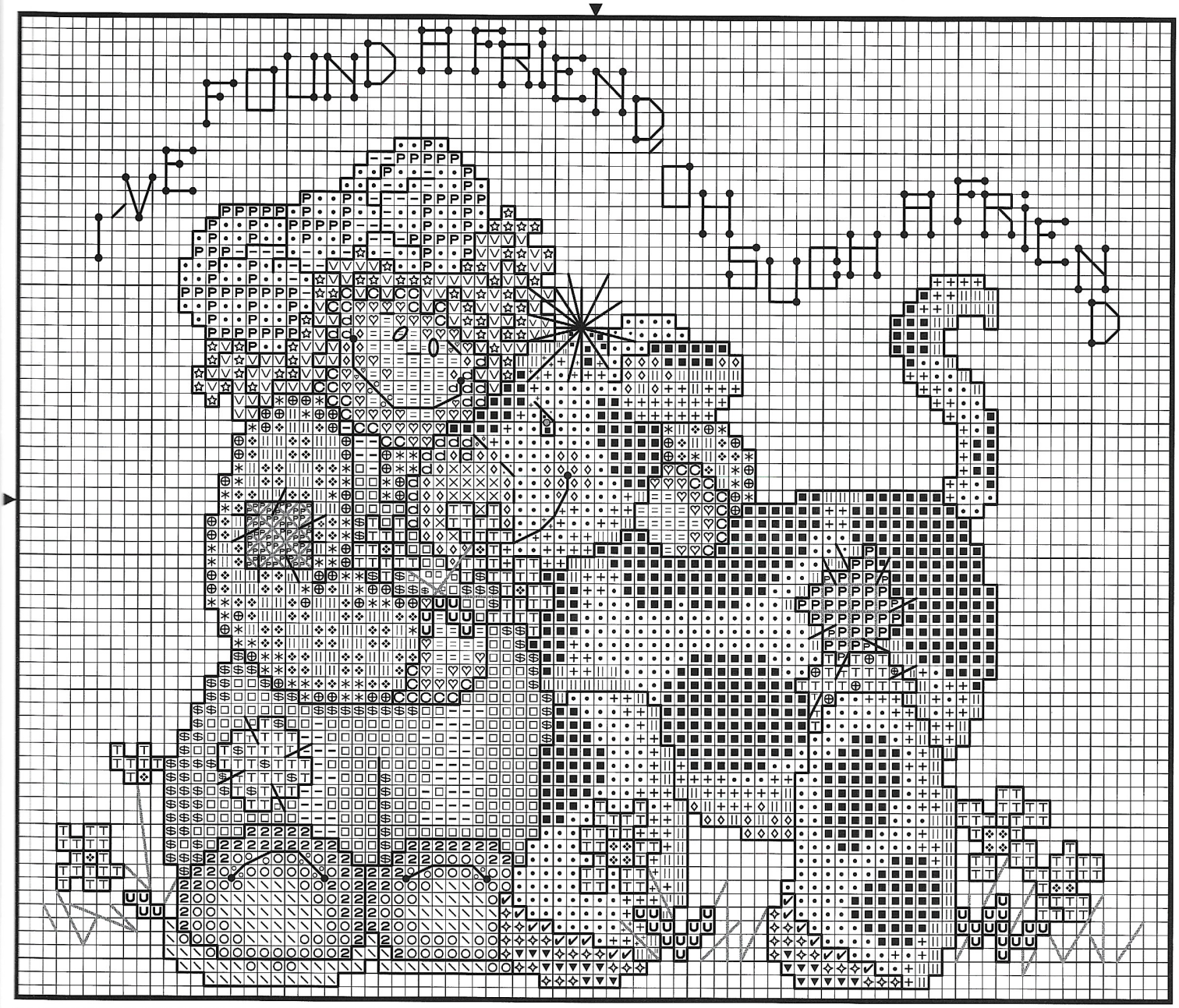
Symbol	DMC	Anc.	Color
•	blanc	2	white
◊	225	1026	vy lt salmon
▽	301	1049	dk rust
■	310	403	black
□	312	979	dk blue
*	321	9046	red
⊕	322	978	blue
Σ	400	351	vy dk rust
\	402	1047	lt rust
✔	437	362	dk tan
A	498	1005	dk red
◎	666	46	lt red
♥	712	926	cream
I	738	361	tan
=	739	387	lt tan
>	760	1022	salmon
◒	761	1021	lt salmon
▽	911	205	green
✖	913	204	lt green
X	3033	391	beige
H	3328	1024	dk salmon
Π	3755	140	lt blue
✿	3776	1048	rust
♦	3799	236	charcoal grey

BACKSTITCH

Symbol	Color
⁄	blue for patterns on collar and cuffs
⁄	green for grass (Use long stitches.)
⁄	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
●	white for eyes
●	black for remaining French Knots



CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
X	225	1026	vy lt salmon
■	310	403	black
$	312	979	dk blue
✧	318	399	grey
⊕	321	9046	red
□	322	978	blue
✓	414	235	dk grey
▼	415	398	lt grey
2	434	310	dk brown
O	435	1046	brown
\	437	362	dk tan
❖	666	46	lt red
V	676	891	gold
+	712	926	cream
☆	729	890	dk gold
*	738	361	tan
‖	739	387	lt tan
T	744	301	yellow
♡	754	1012	flesh

CROSS STITCH

Symbol	DMC	Anc.	Color
C	758	882	dk flesh
d	760	1022	dk salmon
◊	761	1021	salmon
U	911	205	green
=	948	1011	lt flesh
P	3325	129	vy lt blue
–	3755	140	lt blue

BACKSTITCH

Symbol	Color
/	white for patterns on patches
/	green for grass and stems (Use long stitches.)
/	black (Use long stitches for cow's hair.)

FRENCH KNOT

Symbol	Color
⊙	white
●	black

LAZY DAISY STITCH

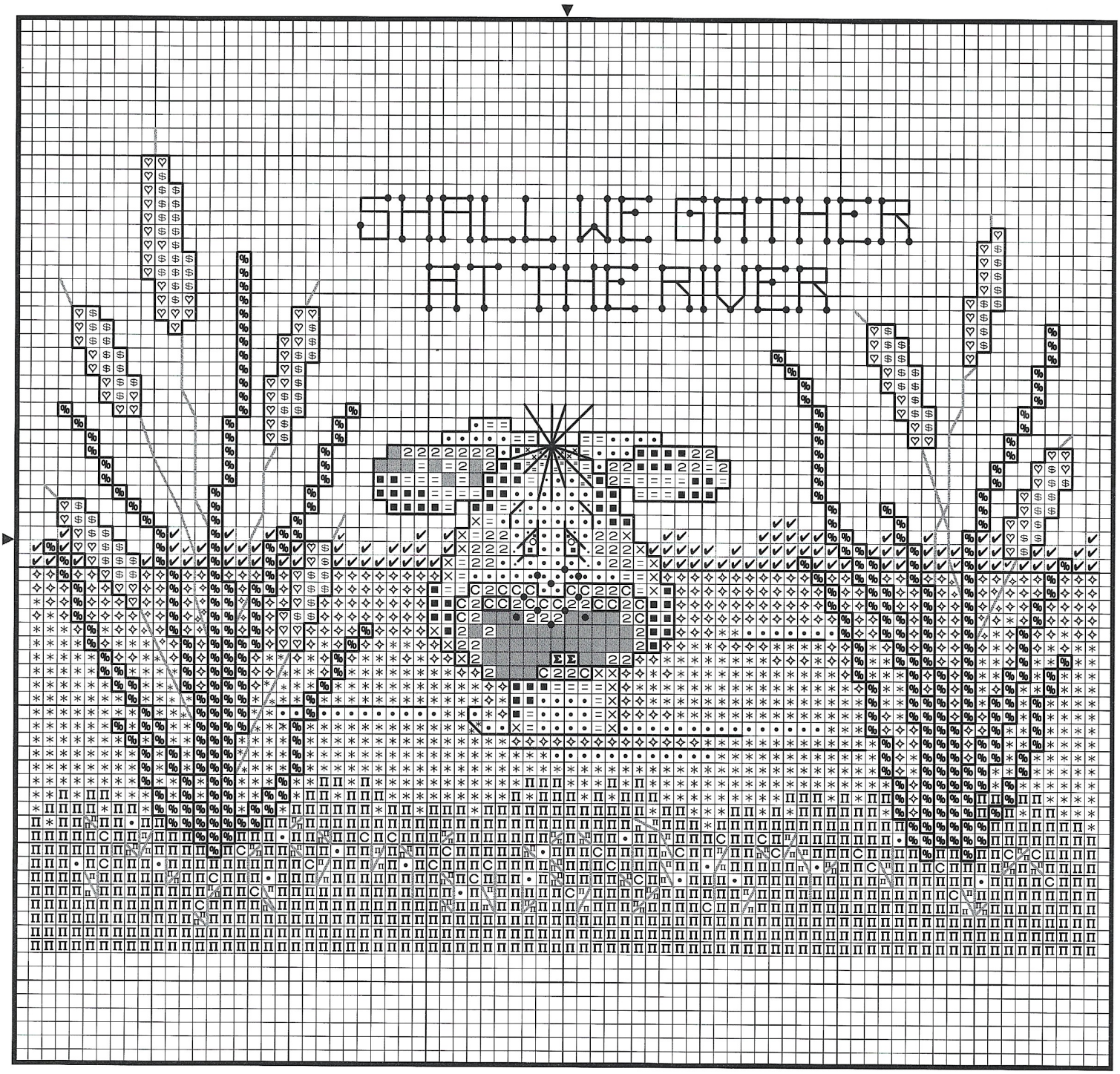
Symbol	Color
⌀	black

I'VE FOUND A FRIEND

STITCH COUNT:
82 wide x 72 high

PROJECT NOTES

Sweatshirt: *I've Found a Friend* was stitched over a 14" x 12½" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch cow's hair and Lazy Daisy Stitches, and 2 strands for all other stitches. See Waste Canvas on page 1.



SHALL WE GATHER AT THE RIVER

STITCH COUNT:
78 wide x 60 high

PROJECT NOTES

Tote Bag: *Shall We Gather at the River* was stitched over a 13 1/2" x 11" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch and Half Cross Stitch, 4 strands for Backstitch hair and cattail stalks, and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

Symbol	DMC	Anc.	Color
⊡	blanc	2	white
▩	225	1026	vy lt salmon
■	310	403	black
♡	434	310	dk brown
$	435	1046	brown
=	712	926	cream
☒	739	387	tan
C	760	1022	salmon
2	761	1021	lt salmon
	910	229	dk green
Π	913	204	green
%	3012	844	olive green
*	3325	129	blue
Σ	3328	1024	dk salmon
✧	3755	140	dk blue

HALF CROSS STITCH

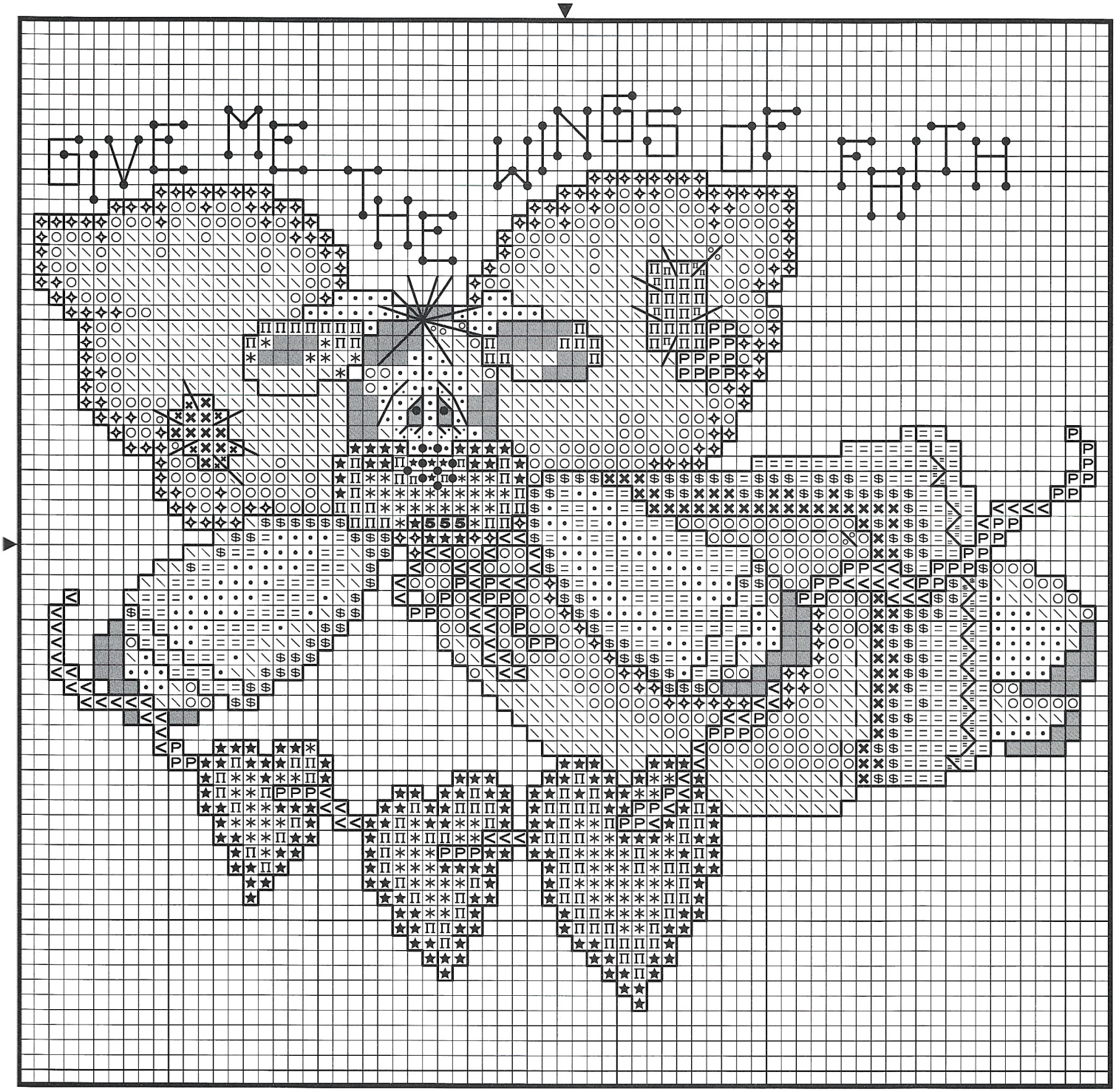
Symbol	Color
✔	green

BACKSTITCH

Symbol	Color
⁄	dk green for grass
⁄	dk brown for cattail stalks
⁄	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
○	white
●	black



CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
*	225	1026	vy lt salmon
■	310	403	black
P	322	978	blue
X	502	877	dk blue green
$	503	876	blue green
\	712	926	cream
✧	738	361	tan
○	739	387	lt tan
★	760	1022	salmon
Π	761	1021	lt salmon
5	3328	1024	dk salmon

CROSS STITCH

Symbol	DMC	Anc.	Color
<	3755	140	lt blue
=	3813		lt blue green

BACKSTITCH

Symbol	Color
/	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
•	white for eyes
•	black for remaining French Knots

GIVE ME THE WINGS

STITCH COUNT:
71 wide x 62 high

PROJECT NOTES

T-shirt: *Wings of Faith* was stitched over a $12\frac{1}{2}$" x $11\frac{1}{2}$" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

MAKE ME A BLESSING

STITCH COUNT:
59 wide x 80 high

PROJECT NOTES

T-shirt: *Make Me a Blessing* was stitched over an 11" x 13 1/2" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

CROSS STITCH

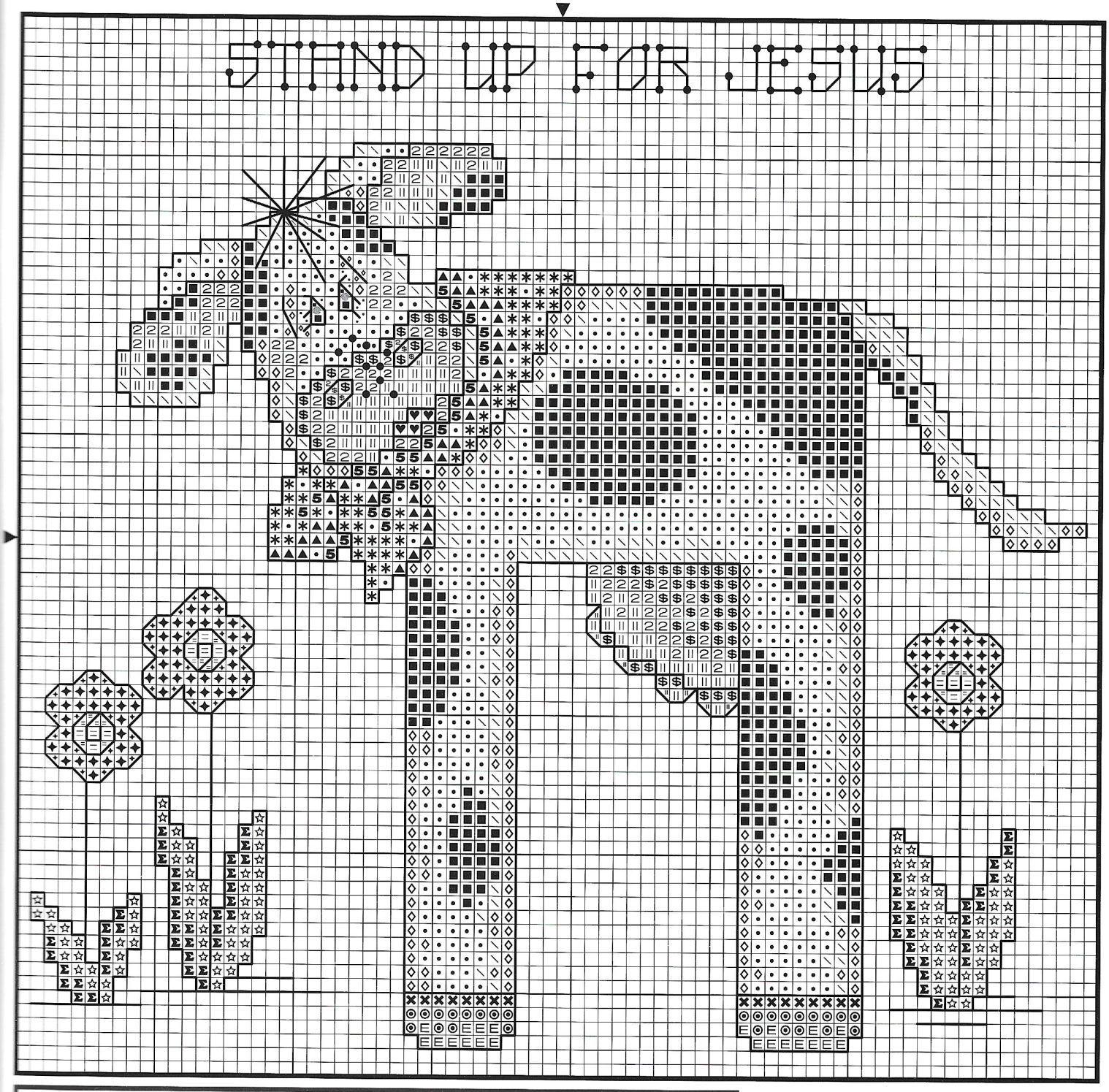
Symbol	DMC	Anc.	Color
⊡	blanc	2	white
◊	225	1026	vy lt salmon
■	310	403	black
▽	502	877	dk blue green
✿	503	876	blue green
+	504	1042	vy lt blue green
B	676	891	gold
♥	712	926	cream
★	729	890	dk gold
❖	738	361	tan
=	739	387	lt tan
>	760	1022	salmon
◒	761	1021	lt salmon
H	3328	1024	dk salmon

BACKSTITCH

Symbol	Color
⁄	white (Use long stitches for stars.)
⁄	dk blue green for wings
⁄	dk salmon for pattern on sleeves
⁄	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
◉	black
●	white



CROSS STITCH

Symbol	DMC	Anc.	Color
•	blanc	2	white
=	225	1026	vy lt salmon
■	310	403	black
◎	318	399	grey
5	322	978	dk blue
▲	334	977	blue
✕	414	235	dk grey
E	415	398	lt grey
✦	666	46	red
/	712	926	cream
◇	739	387	tan
=	744	301	yellow
$	760	1022	salmon
2	761	1021	lt salmon

CROSS STITCH

Symbol	DMC	Anc.	Color
Σ	911	205	green
☆	913	204	lt green
♥	3328	1024	dk salmon
*	3755	140	lt blue

BACKSTITCH

Symbol	Color
/	black (Use long stitches for hair.)

FRENCH KNOT

Symbol	Color
◉	white
●	black

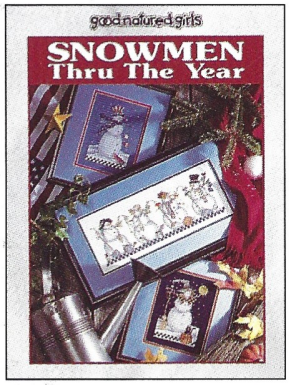
STAND UP FOR JESUS

STITCH COUNT:
76 wide x 73 high

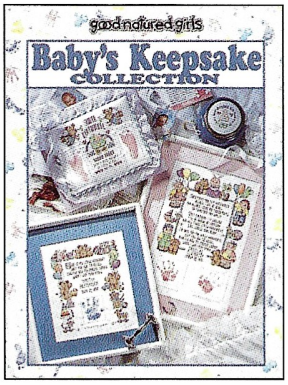
PROJECT NOTES

T-shirt: *Stand Up for Jesus* was stitched over a 13" x 13" piece of 8.5 mesh waste canvas. We used 6 strands for Cross Stitch, 4 strands for Backstitch hair, and 2 strands for all other stitches. See Waste Canvas on page 1.

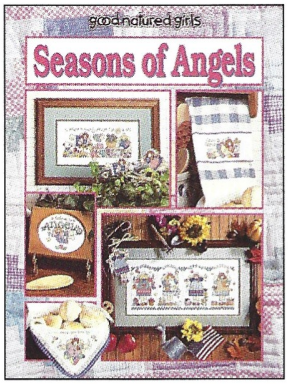
The good natured girls Collection



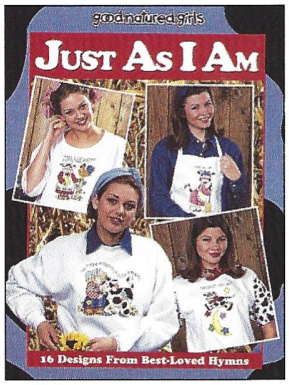
$5.00 #24515
Snowmen Thru the Year



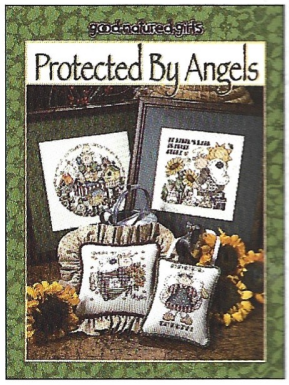
$4.50 #24514
Baby's Keepsake Collection



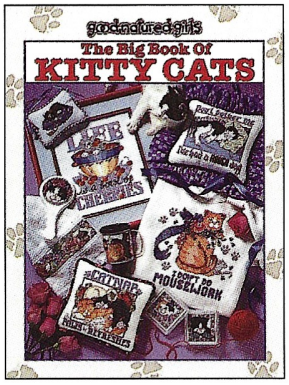
$5.50 #24513
Seasons of Angels



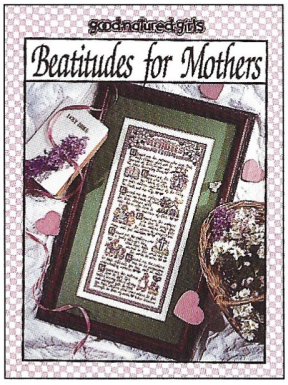
$5.50 #24512
Just As I Am



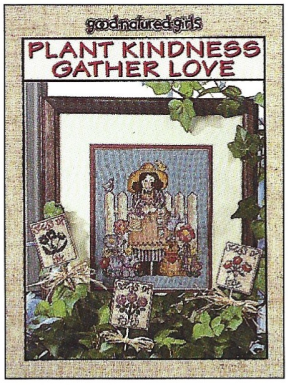
$5.50 #24511
Protected by Angels



$8.50 #24510
The Big Book of Kitty Cats

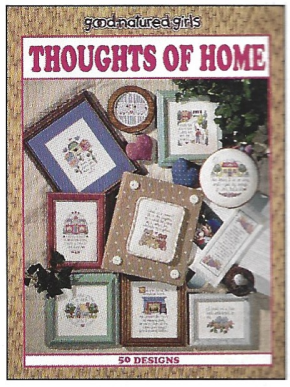


$4.00 #24509
Beatitudes for Mothers



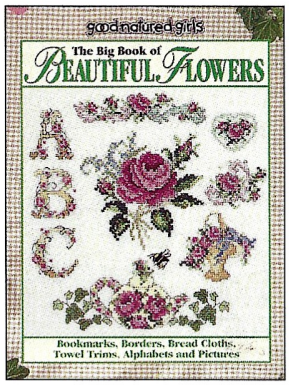
$5.50 #24508
Plant Kindness Gather Love

$9.95 #24507
The Big Book Just for Baby

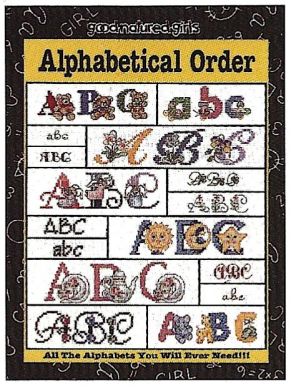


$7.00 #24506
Thoughts of Home

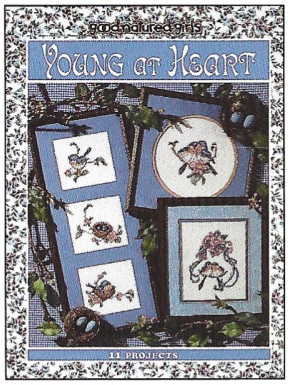
$4.50 #24505
Holiday Towels



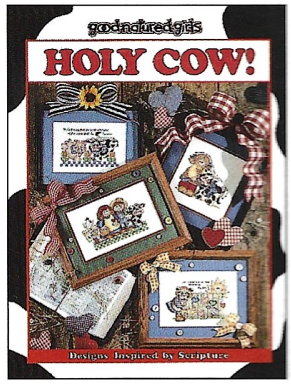
$8.50 #24504
The Big Book of Beautiful Flowers



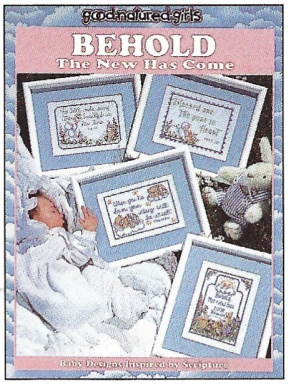
$8.50 #24503
Alphabetical Order



$5.00 #24502
Young at Heart



$6.00 #24501
Holy Cow!



$5.00 #24500
Behold the New Has Come

$5.50 #24512
0 28906 24512 7